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Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application.

1. (Currently amended) A method of removing and supporting an object connected to an object extension, said method comprising:

removably attaching a swingarm assembly around said an object extension, said swingarm assembly having a swingarm and an object support assembly connected to said swingarm rotatably supported by a channel member having a retaining sleave to receive said swingarm and a system securing member removably attached to said channel member wherein said system securing member connects to said channel member forming a capture opening wherein said capture opening is adapted to surround said object extension;

positioning said swingarm over said object; connecting attaching said swingarm object support assembly to said object; disconnecting said object from said object extension; and pivoting said swingarm about said swingarm assembly and moving said object away from said object extension.

2. (Currently amended) The method of Claim 1 wherein said step of connecting attaching said swingarm object support assembly to said object further includes 12/08/2004

adjusting a lifting member connected to said swingarm ebject support assembly to a length proximate to said object.

- 3. (Currently amended) The method of Claim 1 wherein said swingarm assembly further includes inserting said swingarm into said retaining a swingarm sleeve of said swingarm assembly.
- 4. (Currently amended) The method of Claim 1 further comprising re-pivoting said swingarm about said swingarm assembly and moving said object adjacent said object extension, re-connecting said object to said object extension and disconnecting said swingarm object support assembly from said object.
- 5. (Original) The method of Claim 4 further comprising removing said swingarm assembly from said object extension.
- 6. (Currently amended) A method of supporting and removing an object from a support structure, said method comprising:

attaching a removable swingarm retainer assembly having a swingarm rotatably supported by a channel member having a swingarm sleeve to receive said swingarm and a system securing member removably attached to said channel member wherein said system securing member connects to said channel member forming a capture opening wherein said capture opening is Appl. No. 10/682,571 Amdt. dated December 8, 2004 Reply to Office Action dated September 10, 2004

adapted to attach around said support structure an object extension: inserting a swingarm into a swingarm sleeve of said removable swingarm retainer assembly;

attaching an object support assembly to said swingarm swingarm swingarm wherein said object support assembly is adjacent said object;

securing said object support assembly to said object;
disconnecting said object from said support structure; and
pivoting said swingarm about said swingarm sleeve moving said object away
from said structure.

- 7. (Currently amended) The method of Claim 6 wherein said swingarm retainer assembly attachment step further includes positioning a U-shaped retaining member around said support structure object extension and securing a channel member having said swingarm sleeve to said U-shaped retaining member.
- 8. (Currently amended) The method of Claim 6 wherein said swingarm retainer assembly attachment step further includes positioning first and second channel members about said support structure object extension and attaching a pair of retaining members between said first and second channel members wherein said support structure object extension is between said first and second channel members and said pair of retaining members.

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- 9. (Currently amended) The method of Claim 8 further comprising attaching a jaw appendage on a surface of one of said first and second channel members wherein said jaw appendage is in contact with said support structure object extension when said swingarm retainer assembly is attached to said support structure object extension.
- 10. (Currently amended) The method of Claim 9 further comprising attaching another jaw appendage on a surface of the other of said first and second channel members wherein said another jaw appendage is in contact with said support structure object extension when said swingarm retainer assembly is attached to said support structure object extension.
- 11. (Currently amended) The method of Claim 6 further comprising re-pivoting said swingarm about said swingarm sleeve moving said object to a position adjacent said support structure object-extension, re-connecting said object to said support structure object-extension, re-connecting said object to said support structure object-extension and disconnecting said object support assembly from said object.
- 12. (Currently amended) The method of Claim 11 further comprising removing said removable swingarm retainer assembly from said support structure object extension.

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13. (New) A method of supporting and removing an object from a support structure, said method comprising:

attaching a removable swingarm retainer assembly having a swingarm and a pair of channel members having a swingarm sleeve for rotatably supporting said swingarm wherein said pair of channel members are securing bands that connect to each other forming a capture opening wherein said capture opening is adapted to attach around said support structure;

inserting a swingarm into said swingarm sleeve of said removable swingarm retainer assembly;

attaching an object support assembly to said swingarm swing arm;

positioning said swingarm wherein said object support assembly is adjacent said object;

securing said object support assembly to said object;
disconnecting said object from said support structure; and
pivoting said swingarm about said swingarm sleeve moving said object away
from said structure.

14. (New) The method of Claim 13 further comprising re-pivoting said swingarm about said swingarm sleeve moving said object to a position adjacent said support structure, re-connecting said object to said support structure and disconnecting said object support assembly from said object.

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15. (New) The method of Claim 14 further comprising removing said swingarm retainer assembly from said support structure.